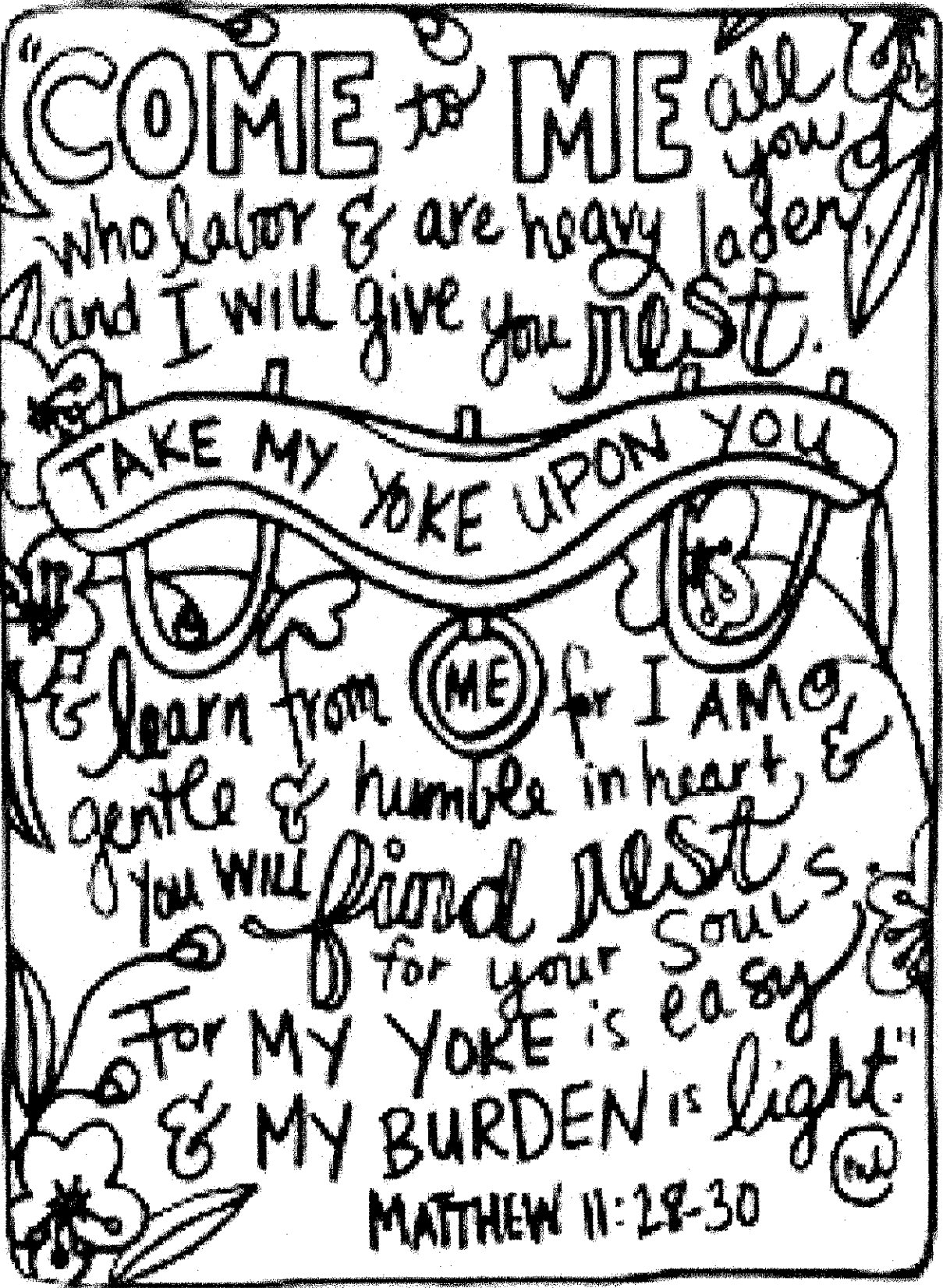


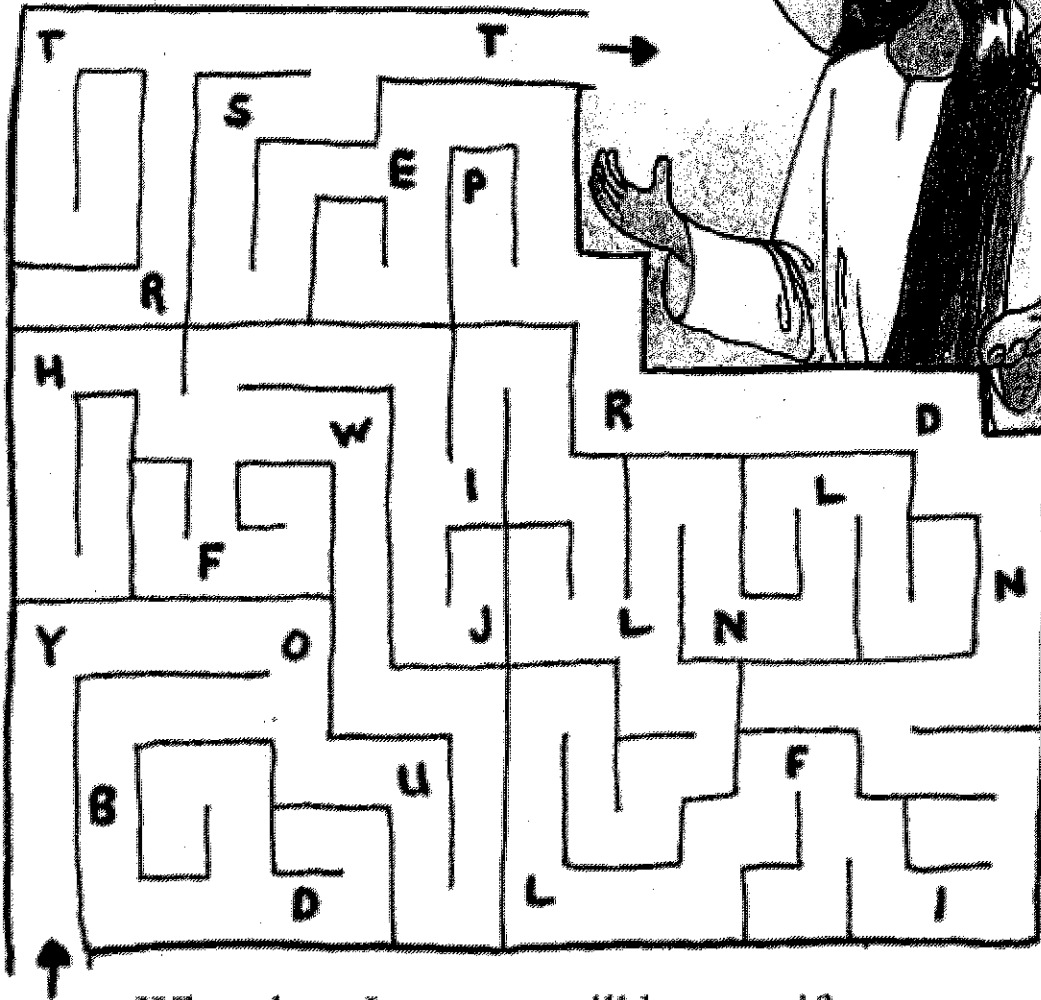
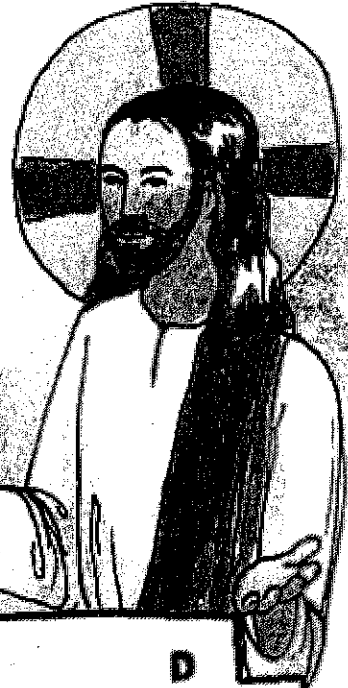
God Helps Me from Matthew chapter 11, verses 25 - 30



Thank you, God, for helping me.



"Come to Me, all you who labour and are burdened..."



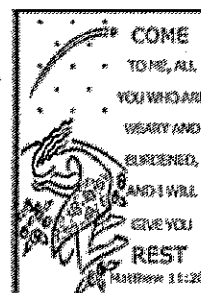
What does Jesus say will happen if you go to Him when you're tired and worn out? First find your way through the maze and then use the words from that path to fill in the blanks.

Help With A Heavy Load

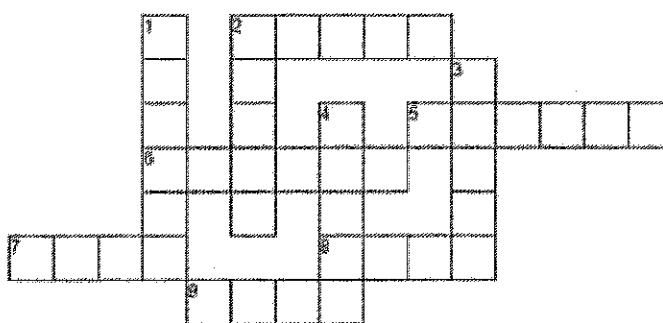
Crossword

Help with a Heavy Load

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."
Matthew 11:28-30 (NIV)



Complete the activity below.



ACROSS

2. Not heavy
5. Calm, kind or soft; not violent
6. A heavy load that you carry
7. The opposite of go
8. Stop and relax to regain your strength
9. Not difficult

DOWN

1. Not proud or not believing that you are important
2. To get knowledge or skill about a subject
3. The place within a person where their feelings or emotions are
4. Very tired, especially after working hard for a long time

BURDEN	HEART	REST	WEARY	GENTLE
EASY	HUMBLE	LEARN	LIGHT	COME

Help with a Heavy Load

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 11:28-30 (NIV)



The puzzle is based on Matthew 11:28-30

Find the hidden words. The words have been placed horizontally, vertically, or diagonally. When you locate a word, draw a circle around it.

U G J H S N I N G G E N T L E
 P N N G E O D Z M F H E T B W
 J Q Y C N A U F F Q G W W Q A
 K B R R Z L R L J N K S T L O
 A U A H A F M T S K H D L B E
 I E G I C W Z T Q R E S T E W
 L G S Y U Y G W E A R Y L V V
 G Q D Q F O L J C L X B L Q A
 J M J W Z K I Z N R M E E A K
 N S C O M E G A U U R T A L B
 J E A S Y F H Z H Q P B R I M
 H L Y Y E X T F G Z J E N G N
 K T Y H P R U V D L P L S H I
 J N L B S B U R D E N X I T K
 R O O S A C F H W E A R Y T R

LIGHT	BURDEN	EASY	COME	LEARN
HEART	GENTLE	LIGHT	WEARY	WEARY
LEARN	REST	YOKE	HUMBLE	SOULS